Lunch Time at

Delish Raheen

House Favourites

Chicken & Chorizo Pasta

€12.50

€11.95

Breast of Chicken with chorizo, baby spinach cooked in a mild smoked paprika & tomato sauce on wholegrain penne pasta with garlic bread

Robyn's Spicy Buttermilk Chicken €12.95

A brioche bun loaded with crunchy Asian slaw, fiery Sriracha, gherkins, Served with fries

The Firecracker

Melted Harissa halloumi, balsamic aubergine, lettuce pickled red onion, fries Add chorizo €1.50

Blackened Cajun Tiger Prawn Taco€12.95

Juicy pan-seared Prawns, taco shells kimchi slaw, chorizo, pineapple salsa, smashed avocado, lime wedge

The Med Grill!

Bruschetta with roasted peppers, courgette, balsamic aubergines and topped with melted buffalo mozzarella and fresh basil pesto

Melt

€11.50

€10.95

Classic honey roasted Ham & smoked cheddar, sundried tomato, relish, pan-fried sourdough and fries

Turkey Brie & Bacon

€11.95

Roast Turkey, melted brie, bacon and cranberry relish on toasted ciabatta with sweet potato wedges

Allergens 🤝

If you suffer from any allergies, please ask your server for a full listing of Menu Allergens

Serious Sandwiches

All gourmet sandwiches served with chefs side salad $\, \oslash \,$

Fly me to the Moon.....€7.95

Toasted ciabatta filled with overnight marinated chicken breast, chorizo, vine ripened tomatoes, red onion, garlic mayo, melted brie, and fresh rocket leaves.

Miss Saigon's Sister...... €7.85

Toasted tomato tortilla wrap filled with overnight marinated Indian chicken, red onion, cheddar cheese, roasted peppers and sweet chilli sauce.

The Italian Job...... €7.95

Toasted ciabatta filled with peppered salami, buffalo Mozzarella, sundried tomatoes, red onion, and fresh basil pesto.

Pigs will Fly.....€7.85

An old Favourite! Multigrain bap filled with fresh breast of chicken, smoked bacon, vine ripened tomatoes, garlic mayo, fresh café leaves.

The Cordoba.....€7.95

"Live Life on the Veg (C)" A beetroot wrap filled with roast red pepper hummus, mixed olives, roasted med veg, spinach, feta cheese.

Bit on the side ⁽²⁾ Fries €2.95 Sweet potato Wedges €3.95, Cup Soup €2.95, Quinoa €3.50 Moroccan Cous Cous €3.50 House Greens €3.50

Why Hello there **Sweet Thing!** All you need to do is ask...made **FRESH** today

All items are made fresh with love, please be patient during these Covid times as some new processes may lead to a slower service, as we will be taking care of you

Amazing Superbowl's

The Super Soul Bowl

€11.95

Lunch Time at Delish -

Ultimate natural Clean Protein fix Zesty superfood quinoa, Edamame beans, med veg, roast red pepper hummus, golden beet, tomato & coriander salsa, roasted balsamic eggplant, rocket, spinach, chickpeas and toasted seeds Add Chicken €2 Add Halloumi €2

Golden Goat's Cheese

Warm honey goat's cheese with red berries candied pecans, baked golden beetroot, café leaves

Add Black pudding €1.50

Bollywood

€12.95

€11.95

Indian spiced Chicken, Moroccan cous-cous curry yoghurt, mango chutney a warm Lebanese flatbread with toasted almonds

The Delish Caesar

€11.50

Warm chicken, smoked bacon, cos & café leaves, vine-ripened cherry tomatoes, parmesan shavings, crouton and a classic Caesar dressing

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Fancy Brunch? All Day

The Big Breakfast Bite€9.95A Brioche Bun filled with Dijon mustard mayo,
bacon, sausage, black and white pudding, Smokey
cheddar, tomato relish and topped with a fried egg!

The Big Dog

€8.95

Locally sourced BBQ hotdog, served in a toasted bun with tomato & coriander salsa, pickled red onion, Dijon mayo and fries.

Salted Caramel French Toast €11.50

Pan-fried Eggy Brioche topped with berries, smoked bacon, banana, salted caramel sauce, mascarpone sprinkled candied pecans & biscoff crumb

Chicken & Waffles

€12.50

Waffle, buttermilk chicken, sriracha, pickled red onion, mascarpone cheese, spring onions red chilies

Kid's Lunch

Chicken Little	€5.95
Delish Chicken tender, served with small fries	
Plain Pasta 🞯	€ 4.95
with cheese	
Kids Hot Dog	€5.50
100% local with small fries & Ketchup	
Simple Simon Toastie	€ 4.50

"The Incredible **DELICIOUSNESS**, we give you is made **FRESH** to order, so if you want to eat

F@cking Tasty Food, drink up, chat and relax while your food arrives!!

No Patience?? Can't wait? We suggest You order via our new

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Lunch Time at

Delish Castletroy

House Favourites

The Cowboy Burger €12.50 Slow Cooked 100% Irish Beef Burger, red onion marmalade, smoky cheddar, tomato, crispy bacon and café leaves.

Robyn's Spicy Buttermilk Chicken €12.95 A brioche bun loaded with crunchy Asian slaw, fiery Sriracha, gherkins, Served with fries

The Firecracker

€11.95 Melted Harissa halloumi, balsamic aubergine, lettuce pickled red onion, fries Add chorizo €1.50

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Juicy pan-seared Prawns, taco shells kimchi slaw, chorizo, pineapple salsa, smashed avocado, lime wedge

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